

Introduction Of Violence:

The threatened or actual use of physical Force against another person, oneself, a group or a community which results In injury or death. Violence can be physical, Visual, verbal, hurt, frighten, sexual acts That are influenced by A women or girl or child or any Person.



Types Of Violence

Physical Violence: Pushing, grabbing, slapping, kicking, hitting with an object, use of knife or gun, acid throwing, burning.

Verbal Violence: Shouting, making threats, calling names, humiliating remarks (gestures).

Sexual Violence: Forcing intercourse, making her to do sexual things against her will.

Exercising Control: Isolating her from her family friends checking on her using the children economic control.

Women Violence

What is violence against women?

VAW is any act of gender- based violence that results in or is likely to result in physical, sexual or psychological harm or suffering to women, including threats of such acts, arbitrary deprivation of liberty, whether occurring in public or in private life (United Nation, 1993)



Types Of Violence against women

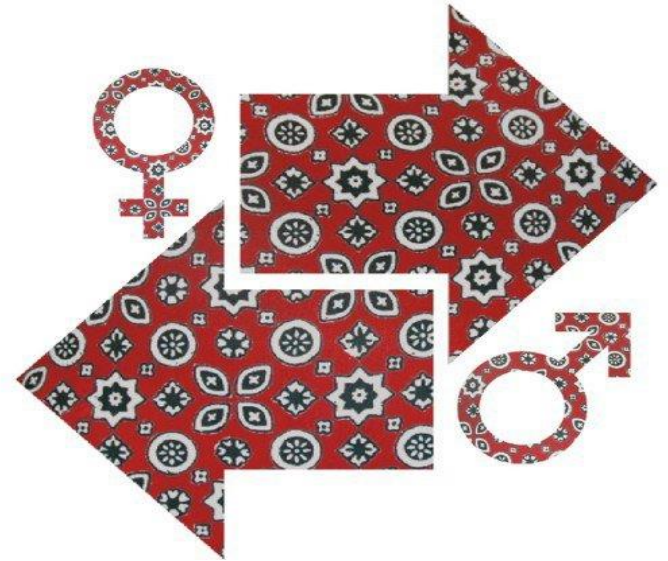
Different types of violence against Women are as follow:

- Watta Satta
- Vanni
- Honor Killing or (karokari)
- Pait Likkhi
- Bride Burning
- Acid Throwing or Vitriolage
- Marriage With Qurai



Watta Satta:

- Watta Satta means you will give a daughter and receive the same in return.
- It also implies that if our daughter will be in pain ,we will treat your daughter in the same way.
- It is a tribal custom that is very common in the rural areas of Pakistan.



Vanni:

- Vanni is the form of child marriage that is found in the rural areas of Pakistan, that involves the marriage of one family's daughter to another family's son.
- If the other family does not have any son, then the daughter is married with an elder usually the head of the family.
- Young girls are forcibly married as part of punishment for a crime committed by her male relatives.



Honour Killing / Karokari:

- Hundreds of women die each year In Pakistan as a result of honour killing.
- Women and young girls are being killed by father, brother, and the other members of the family who feel shame and dishonour
- For the family and community.
- Honour killing is a murder whose motives to defend or preserve the honour of the family or the community.



Pait Likkhi:

- Pait means ‘stomach’ and Likkhi means ‘Written’ ; literally means written on stomach.
- A custom that is found in the tribal regions and the rural areas of Pakistan arranging the Future marriage of young or even unborn children.

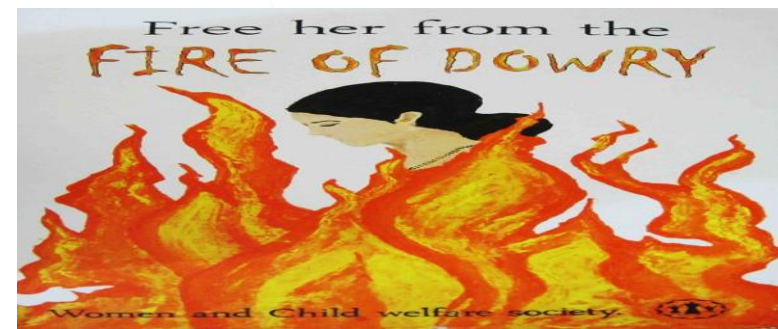


Bride –Burning:

- Bride-burning is also a form of violence against women that is very common in Pakistan and Bangladesh.
- It is a category of dowry death.
- Dowry is a social evil.
- In cases where the dowry Is not paid ,the wife is punished by being burned to death so that the groom may remarry and attain dowry from a new bride.
- Their cause of death are often claimed to be from“ kitchen fires”.



What should the daughter-in-law say?



Acid Throwing/Vitriolage:

- Acid throwing or Vitriolage is a form of violent assault.
- Perpetrators of these attacks throw acid at their victims usually at their face.
- Due to these attacks the tissues of skin are burnt and sometimes dissolving the bones.
- These attacks are common In Pakistan, India, Bangladesh.
- According to researches 80% of victims of these acid attacks are female and almost 40% are under 18 years of age.



Marriage With Quran:

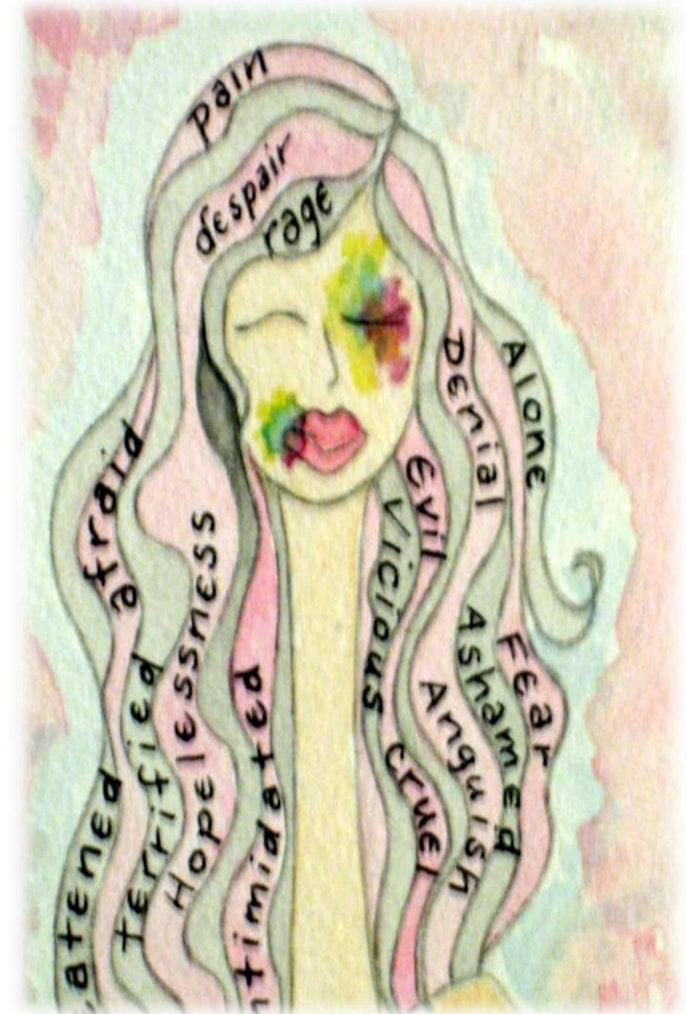
- Marriage with Quran Is also a form of violence.
- it is a social and financial custom that was commonly found In the tribal areas of Pakistan.
- In these areas large feudal lords married their daughters with Quran to save their property.
- It is a wrong and self-made concept that has not legitimate authorization.
- That is also a form of violence against women.



Effects Of Violence Against women:

Violence effect the overall
Health of the women and the family.
Abusive and violent can give children
Wrong message “that it is OK to be
Abusive- for boys” and “it is OK to
Accept abuse-for girls”. Further
effects of violence are as follow:

- Physical Effects
- Mental Effects
- Fatal Effects



Physical Effects:

Violence effect physically such as:

- Self-injurious
- Isolation from family
- Sleep Disorder
- Headaches
- Eating Disorders
- Drug addiction



Mental effects:

Violence effects mentally

Such as:

- Depression
- Fear
- Anxiety
- Low Self-esteem
- Panic attacks
- Self-neglect
- Dissociative states
- Chronic pain
- Decrease mental potentialities



Fatal effects:

Fatal effects of Violence are as follow:

- Suicide attempt
- inability to adequately respond to the needs of their children.

